

68th BPSC Master-stroke tips

Common Things-

Table arrange/pen- paper/water drink etc.

Revision

Daily routing

What I m talking about Master-stroke

- मैं मास्टर स्ट्रोक की बात कर रहा हूँ

Studied more but output less

- पढ़ाई ज्यादा लेकिन आउटपुट कम

How will you crack the exams- Competition is very high

- आप परीक्षा कैसे क्रैक करेंगे

Study duration- High concentration

90% time usefull

8-10 hour= 12 hour fail

2 Benefit

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graph TD; A[2 Benefit] --- B[Superfast Speed]; A --- C[High retention]
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Superfast
Speed

High
retention

1. Pray/Meditation on breath for 5 Min- Alfa State

2. Note Timing .duration of High concentration

3. Affirmation – Will increase duration and increasing

4. Make 30 minute study period and repeat it (25 min study+5 min breathing meditation)



For more study tips master stroke

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Thanks You